

# 15 Reasons Professional Care Managers are Worth Their Weight in Gold

A certified care manager provides you and your family clinical expertise, stability and peace of mind when managing the care of your loved one.

Below are just some of the invaluable services care managers provide.



1. Assess the level and type of care needed and develop a comprehensive plan of care.
2. Initiate the plan of care and manage it efficiently.
3. Ensure care is administered in a safe and compliant manner.
4. Assist with resolving family conflicts and other issues relating to long-term care.
5. Act as an advocate for the care recipient and the family caregiver.
6. Develop and implement appropriate solutions to avoid crisis situations.
7. Manage and coordinate the care of loved ones for out-of-town families.
8. Conduct ongoing assessments to monitor and adjust the care plan when necessary.
9. Oversee the direct care provided in the home.
10. Provide personal counseling and assist with Medicaid qualification and application.
11. Arrange for legal and financial advisory services.
12. Manage a conservatorship for a care recipient.
13. Research and assist with placement in assisted living facilities or nursing homes and monitor care following relocation.
14. Coordinate healthcare information and appointments, provide transportation, and assist with medication monitoring.
15. Develop long range plans for older adults yet requiring care.

## Excellent outcomes begin with excellent care.

Caring for individuals who need assistance due to aging, dementia, disability, or chronic illness can be a challenge. The Option Group is a compassionate team of dedicated Geriatric/Aging Life Care Managers (GCM) that serves family caregivers, medical professionals, and professional family advisors. Our team has over 100 years of experience navigating the healthcare maze. Let us put our experience and resources to work for you.



The

**OPTION GROUP**  
Clear choices. Better care.

**Schedule your free 30-minute consultation.**



# Why Should You Use a Professional Care Manager for Your Loved One?



## **We all want to provide the best possible care for our loved ones.**

However, sometimes the maze of options is confusing and the difficulties seem overwhelming. Care managers help families sort through the complex issues and find the best care solutions for their specific needs. As experienced professional advisers, care managers have years of experience navigating the healthcare maze and can efficiently guide families to resources and support they may not know is available.



## **Challenging situations call for professional guidance.**

Most people don't try to solve complex legal and financial problems on their own, they turn to the experts. When legal problems loom, or tax season approaches, it's common practice to hire a reputable attorney or CPA. When faced with multiple healthcare questions and options, hiring a care manager is a smart investment in your loved one's health, happiness, and wellbeing.



## **Save time, money, and headaches.**

Unfortunately, because care management services are not as widely known, these valuable resources often go untapped. Many people mistakenly think they can handle the multi-faceted issues that come with managing someone's care, only to find themselves spending far more time and money than they anticipated.

A qualified care manager offers extraordinary value, saving families time, money and the heartache of recovering from a wrong decision. They are specifically trained to locate viable resources, create and manage comprehensive care plans, and assist with the endless legwork that comes with managing support services. More importantly, they develop and implement solutions to fit your budget and can even help eliminate family disputes and disagreements, greatly reducing the stress for everyone involved.



The Option Group has over 100 years of experience navigating the healthcare maze and access to hundreds of resources to assist you. Spend quality time with your loved one, not researching their care options. You can count on our team to advocate for you.